



Becoming a Leader at SDSU: Finding Your Why

Lisa Gates, Ph.D.

Director & Advisor for the SDSU Leadership Minor

San Diego State University





- 
- **Various Meanings of “Why”**
 - **Finding Your “Why” at SDSU**
 - **Leadership at SDSU**

A group of students, including a girl in a white shirt and a boy in a blue shirt, are holding a large, light-colored heart. They are positioned behind the word 'LOVE' on the sign.

LOVE
STUDENTS

Meanings of "Why"

FIND
YOUR
PASSION

CAUSE

driving force



**MISSION
IMPOSSIBLE**



**FIND YOUR
CALLING**

Your Why is the Soul of your Story

- The ultimate reason for shaping your story into something beautiful
- The hope for making a difference in your own and others' circumstances
- Now shaped by your time at SDSU





ps

Michelle K. Rose



The world is waiting for you to wake up and say I've found my purpose—I've found my Why.



Finding Your Why at SDSU

- **Seek wisdom by asking your big questions.**
 - Intentionally living what you learn
- **Self-Authorship.**
 - Be sure to write yourself into your own story
- **Solitude.**
 - Quiet time for at least 5 minutes a day—you may discover something you need for yourself . . .

Leadership is the #1 skill employers want
One of the fastest-growing minors on campus.

Required Coursework

9 units total



6 units: Theory of Leadership

ARP 205: Exploring Leadership
(prerequisite for ALL Leadership Minor
courses—fulfills lower division GE)

ARP 405: Capstone-Enacting
Leadership

3 (1-unit) courses: Art of Leadership

ARP 207: Field Lab: Service Learning

ARP 403: Field Lab: Campus Leadership
Experience

ARP 404: Field Lab: Internship (students
may complete it over the summer)

The SDSU Leadership Minor

Plus a graduation banquet and special cord at graduation

The Many Leadership Opportunities at SDSU

- The **Community Service Certificate** -- for every 100 hours of service students complete. You will track your service hours with Student Life & Leadership.
- Aztec Core** -- a FREE three day *off-campus* retreat is one of the most sought-after programs on campus
- The Leadership Summit** -- a one-day leadership conference on our campus –one of our most popular events serving students from SDSU as well as other universities in San Diego and other western states.
- The Leadership Certificate** -- a self-paced, leadership learning experience students can complete during their years at SDSU. Sign up for the certificate program with Chelsea Winer in SLL.

My Roomies!

Remember,
you are not
alone on
this
journey!



A photograph of a brown cardboard envelope and a matching card. The card is placed on top of the envelope and features the words "thank you!" printed in a bold, black, sans-serif font. The envelope is partially open, showing its flap. The entire scene is set against a plain white background.

**thank
you!**