Getting a Jump Start on Internships and Employment Opportunities & the Aztec Mentor Program
Heather LaPerle, M.A
Associate Director of Experiential Learning, Career Services
About the Presenter

• Heather LaPerle, M.A.
• SDSU Alumna
  • B.S. in Recreation Administration Major emphasis Outdoor Administration
    • Field Learning Experience
    • Internship
  • M.A. in Postsecondary Education Leadership emphasis Student Affairs
    • Graduate Assistantship
Are You Career Ready?

• **Career Readiness** is the attainment and demonstration of requisite competencies that broadly prepare college graduates for a successful transition into the workplace.

• Critical Thinking/Problem Solving
• Oral/Written Communication
• Teamwork/Collaboration
• Information Technology Application
• Leadership
• Professionalism/Work Ethic
• Career Management
Benefits of Internships

• Explore your interests and passion while gaining valuable hands-on experience
• Apply and develop academic knowledge in a work setting
• “Try on” a career before graduating
  • Learn what you like and you do not like
• Develop your professional network
• Develop new skills & confidence
  • Build your resume
  • Facilitate a successful transition into a job
Resources for Finding An Internship

- **Aztec Career Connection**
  - Internship and Job Postings
  - Career and Internship Fairs
  - Aztec Mentor Program (AMP)

- Visit the Career Services Resource Room

- Meet with the Department Internship Contact for Your Major
  - List is on the [Career Services website](http://career.sdsu.edu/current/internships.htm)

Did You Know?
66% of companies use university career centers to find qualified candidates
Finding an Internship

• Use your Network
  • Student Clubs/Organizations
  • Professors
  • Mentors
  • Family
  • Friends

• Look at Company Websites that interest you

• Use Social Media
  • Create a LinkedIn account
  • Research companies using Glassdoor
Internship Search Websites

• **General internship programs**
  - [www.indeed.com](http://www.indeed.com)
  - [www.linkedin.com/jobs/internships-jobs](http://www.linkedin.com/jobs/internships-jobs)
  - [www.vault.com/internship-programs](http://www.vault.com/internship-programs)
  - [Ww.internships.com](http://Ww.internships.com)
  - [www.careerbuilder.com](http://www.careerbuilder.com)
  - [www.simplyhired.com](http://www.simplyhired.com)
  - [www.beyond.com](http://www.beyond.com)
  - [www.ziprecruiter.com/jobs/internships](http://www.ziprecruiter.com/jobs/internships)
  - [www.interblitz.com](http://www.interblitz.com)

• **STEM Internships**
  - [www.dice.com/](http://www.dice.com/)
  - [Stemundergrads.science.gov](http://Stemundergrads.science.gov)

• **Entertainment internships**
  - CSU Entertainment Alliance- open to all majors interested in interning in the entertainment industry- [http://csuentertainment.com/internships/](http://csuentertainment.com/internships/)

• **Federal internships**
  - [www.usajobs.gov/StudentsAndGrads](http://www.usajobs.gov/StudentsAndGrads)
  - [gogovernment.org](http://gogovernment.org)

• **Non-profit internships**
  - [www.idealist.org](http://www.idealist.org)
  - [www.npworks.org](http://www.npworks.org)

• **International internships**
  - Aztecs Abroad Internships- Intern abroad with SDSU's preapproved providers
  - Access GoinGlobal through your Aztec Career Connection account (international and domestic positions)
  - [www.cie.uci.edu/prospective/iopother/intern.shtml](http://www.cie.uci.edu/prospective/iopother/intern.shtml)
Internship Resources

• Aztec Career Connection
• Career Fairs Fall 2019
  • Fall Career and Internship Fairs- September 11th & 12th
  • Graduate & Professional School Fair- October 8th
  • STEM Career Fair- October 16th
  • Career Counseling
  • Assessments
  • WorkAbility IV
  • Handouts (check out more in the lobby)
Internship Workshop Series

• Internship 101: Jump Start Your Success: Get an Internship!
  Learn what internships are, why you need to do one, and connect to an employer panel that hires interns.

• Internship 201: All You Need to Know to Be a Successful Intern
  Move from "showing up" to "shining" as an intern. Interact with a panel of professionals to gain current best practices.

• Internship 301: Internships and Beyond, Your Next Steps to Success
  Looking toward the end of your internship. Learn how to close the experience and pursue other experiences that lead to success.
On-Campus Employment

Attention Transfer Students!
Start your search for on-campus jobs by using the resources listed here (right side of sheet). Be sure to have a current resume. Please note that on-campus employers have hiring cycles. Use Aztec Career Connection* to locate additional opportunities.

For questions, stop by SDSU Career Services.
Located in Student Services East 1200
8:00am-4:30pm | (619) 594-6851 | career.sdsu.edu

*Requires an SDSUid to access. If you don’t see a department’s listings on our website (career.sdsu.edu), contact them directly for student employment opportunities.

On-Campus Resources:

- Associated Students
  See below for more information
- Aztec Shops
  The SDSU Bookstore, Dining Services, The Market, SDSU Catering
- Office of Financial Aid
  Federal work study listings and eligibility
- SDSU Research Foundation
- University Police

For more information please visit bit.ly/SDSU_oncampusjobs

WORK AT A.S.!

ASSOCIATED STUDENTS employs approximately 1,200 students each year!

Jobs are offered throughout the academic year, as well as during Winter and Summer sessions. Many departments offer flexible work shifts to accommodate your class schedule. A.S. employment environments range from office settings to the great outdoors.

JOBS AT:

- Conrad Prebys Aztec Student Union
- Government Affairs
- Aztec Recreation Center
- Aztec Aquaplex
- Mission Bay Aquatic Center
- Viejas Arena & Cal Coast Open Air Theater
- SDSU Children’s Center

Apply Online
AS.SDSU.EDU
MOVE YOUR CAREER forward
Apply for a Mentor in Fall 2019

JUNIORS, SENIORS, AND GRAD STUDENTS:
The SDSU Aztec Mentor Program connects you to alumni and professional mentors who can assist with:

- Career insights
- Professional development
- Expanding your network

REGISTER FOR A MENTOR
August 19 - September 27, 2019
at amp.sdsu.edu

QUESTIONS?
(619) 594-6431
amp@sdsu.edu
AMP ensures your success as a transfer student by:
• Providing an advocate for your transition to campus.
• Helping you to understand options for securing internships, research and other high-impact practices.
• Strengthening your decision making about careers and options that are available to you.
SAVE THE DATE
Fall 2019

AMP Student Registration
August 19-September 27
*Open to all students with 60+ units.

AMP Talk & Networking Event
Thursday, October 3, 2019
5:30pm - 7:30pm
Montezuma Hall
Conrad Prebys Aztec Student Union

The AMP Talk & Networking Event features four professional speakers who deliver short, TED-style presentations focused on career readiness topics.

All students are invited to attend.

#SDSUAMP
@sdsu_amp
SDSU Aztec Mentor Program
SDSU Career Services
Save the Dates

JCPenney
SUITE-UP EVENT

SHOP CAREER DRESS APPAREL
Shop everything you need to finish your look for that next career fair, interview or new job. Check out new items added this semester including men's khaki's, men's basics, fashion jewelry, handbags, luggage & more.

SEPHORA INSIDE JCPENNEY
Stop by for a FREE mini makeover and sample.

SALON
FREE hair consultation or schedule an appointment.

PORTRAIT STUDIO
Get professional headshots starting at just $29.99. Stop by or book online.

JCPENNEY MOBILE APP
Download ahead of time and start earning $10 Rewards!

UP TO
60% OFF*
select men's & women's career dress apparel, shoes & accessories

*When you use the extra 30% off Suit-Up Coupon available at event. Student ID required.

97.99
JP J. Ferrar suit jacket & pants
sale $139.99
reg. $280

52.49
Worthington suit
sale $74.99
reg. $114

SUNDAY, SEP. 8 | 5:00 PM - 9:30 PM
JCPENNEY @ FASHION VALLEY MALL
6987 FRIARS RD, SAN DIEGO, CA 92108

SAN DIEGO STATE UNIVERSITY
Career Services
CAMPUS CONTACT
Juliana Todea • jtodea@sdstate.edu
Connect With Career Services

• Career Services Hours
  • Monday-Friday
    • 8am-4:30pm
  • Fast 15 Walk-Ins
    • Monday-Thursday 1-2:45pm
    • Friday 10-11:45am

• [career.sdsu.edu](http://career.sdsu.edu)
• 619-594-6851