



SDSU Career Services

Getting a Jump Start on Internships and Employment Opportunities & the Aztec Mentor Program

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About the Presenter

- Heather LaPerle, M.A.
- SDSU Alumna
 - B.S. in Recreation Administration Major emphasis Outdoor Administration
 - Field Learning Experience
 - Internship
 - M.A. in Postsecondary Education Leadership emphasis Student Affairs
 - Graduate Assistantship

Are You Career Ready?

- ***Career Readiness is the attainment and demonstration of requisite competencies that broadly prepare college graduates for a successful transition into the workplace.***
- Critical Thinking/Problem Solving
- Oral/Written Communication
- Teamwork/Collaboration
- Information Technology Application
- Leadership
- Professionalism/Work Ethic
- Career Management

Benefits of Internships

- Explore your interests and passion while gaining valuable hands-on experience
- Apply and develop academic knowledge in a work setting
- “Try on” a career before graduating
 - Learn what you like and you do not like
- Develop your professional network
- Develop new skills & confidence
 - Build your resume
 - Facilitate a successful transition into a job

Resources for Finding An Internship

- [Aztec Career Connection](#)

- Internship and Job Postings
- Career and Internship Fairs
- Aztec Mentor Program (AMP)

Did You Know?

**66% of companies use
university career centers
to find qualified
candidates**

- Visit the Career Services Resource Room
- Meet with the Department Internship Contact for Your Major

– List is on the [Career Services website](#)

<http://career.sdsu.edu/current/internships.htm>

Finding an Internship

- Use your Network
 - Student Clubs/Organizations
 - Professors
 - Mentors
 - Family
 - Friends
- Look at Company Websites that interest you
- Use Social Media
 - Create a [LinkedIn](#) account
 - Research companies using [Glassdoor](#)

Internship Search Websites

- **General internship programs**

- www.indeed.com
- www.linkedin.com/jobs/internships-jobs
- www.vault.com/internship-programs
- Ww.internships.com
- www.careerbuilder.com
- www.simplyhired.com
- www.beyond.com
- www.ziprecruiter.com/jobs/internships
- www.interblitz.com

- **Federal internships**

- www.usajobs.gov/StudentsAndGrads
- gogovernment.org

- **Non-profit internships**

- www.idealists.org
- www.npworks.org

- **STEM Internships**

- www.dice.com/
- Stemundergrads.science.gov

- **Entertainment internships**

- CSU Entertainment Alliance- open to all majors interested in interning in the entertainment industry-
<http://csuentertainment.com/internships/>

- **International internships**

- [Aztecs Abroad Internships](#)- Intern abroad with SDSU's preapproved providers
- Access GoInGlobal through your [Aztec Career Connection](#) account (international and domestic positions)
- www.cie.uci.edu/prospective/iopother/intern.shtml

Internship Resources

- Aztec Career Connection
- Career Fairs Fall 2019
 - Fall Career and Internship Fairs- September 11th & 12th
 - Graduate & Professional School Fair- October 8th
 - STEM Career Fair- October 16th
 - Career Counseling
 - Assessments
 - WorkAbility IV
 - Handouts (check out more in the lobby)

Internship Workshop Series

- **Internship 101: Jump Start Your Success: Get an Internship!**
Learn what internships are, why you need to do one, and connect to an employer panel that hires interns.
- **Internship 201: All You Need to Know to Be a Successful Intern**
Move from "showing up" to "shining" as an intern. Interact with a panel of professionals to gain current best practices.
- **Internship 301: Internships and Beyond, Your Next Steps to Success**
Looking toward the end of your internship. Learn how to close the experience and pursue other experiences that lead to success

SDSU ON-CAMPUS EMPLOYMENT

Attention Transfer Students!

Start your search for on-campus jobs by using the resources listed here (right side of sheet). Be sure to have a current resume. Please note that on-campus employers have hiring cycles. Use Aztec Career Connection* to locate additional opportunities.

For questions, stop by SDSU Career Services.
Located in Student Services East 1200

8:00am-4:30pm | (619) 594-6851 | career.sdsu.edu



Career Services
Division of Student Affairs

#SDSUCareers



On-Campus Resources:

- **Associated Students**
See below for more information
- **Aztec Shops**
The SDSU Bookstore, Dining Services, The Market, SDSU Catering
- **Office of Financial Aid**
Federal work study listings and eligibility
- **SDSU Research Foundation**
- **University Police**

For more information please visit
bit.ly/SDSU_onsampusjobs

*Requires an SDSUid to access. If you don't see a department's listings on our website (career.sdsu.edu), contact them directly for student employment opportunities.

**WORK
AT
A.S.!**

**ASSOCIATED STUDENTS
employs approximately 1,200
students each year!**

Jobs are offered throughout the academic year, as well as during Winter and Summer sessions. Many departments offer flexible work shifts to accommodate your class schedule. A.S. employment environments range from office settings to the great outdoors.

JOBS AT:

- Conrad Prebys Aztec Student Union
- Government Affairs
- Aztec Recreation Center
- Aztec Aquaplex
- Mission Bay Aquatic Center
- Viejas Arena & Cal Coast Open Air Theater
- SDSU Children's Center

**Apply Online
AS.SDSU.EDU**

AS ASSOCIATED STUDENTS
SAN DIEGO STATE UNIVERSITY

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ENVISION
ACHIEVE**

MOVE YOUR CAREER
forward

Apply for a Mentor in Fall 2019



JUNIORS, SENIORS, AND GRAD STUDENTS:

The SDSU Aztec Mentor Program connects you to alumni and professional mentors who can assist with:

- Career insights
- Professional development
- Expanding your network

REGISTER FOR A MENTOR

August 19 - September 27, 2019

at amp.sdsu.edu

QUESTIONS?

(619) 594-6431
amp@sdsu.edu

#SDSUAMP

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@sdsu_amp

SDSU Aztec
Mentor Program

SDSU Career Services

SDSU
Alumni

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How AMP benefits new transfer students:

AMP ensures your success as a transfer student by:

- Providing an advocate for your transition to campus.
- Helping you to understand options for securing internships, research and other high-impact practices.
- Strengthening your decision making about careers and options that are available to you.

SAVE THE DATE

Fall 2019

AMP Student Registration

August 19-September 27

**Open to all students with 60+ units.*

AMP Talk & NETWORKING EVENT

Thursday, October 3, 2019

5:30pm - 7:30pm

Montezuma Hall

Conrad Prebys Aztec Student Union

The AMP Talk & Networking Event features four professional speakers who deliver short, TED-style presentations focused on career readiness topics.

All students are invited to attend.

#SDSUAMP



@sdsu_amp



SDSU Aztec
Mentor Program



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JCPenney SUIT-UP EVENT



97.99
JF J. Ferrar suit
jacket & pants
sale **\$139.99**
reg. \$280

52.49
Worthington suit
jacket & pants
sale **\$74.99**
reg. \$114

SHOP CAREER DRESS APPAREL

Shop everything you need to finish your look for that next career fair, interview or new job. Check out new items added this semester including men's khaki's, men's basics, fashion jewelry, handbags, luggage & more.

SEPHORA INSIDE JCPENNEY

Stop by for a **FREE** mini makeover and sample.

SALON

FREE hair consultation or schedule an appointment.

PORTRAIT STUDIO

Get professional headshots starting at just **\$29.99**. Stop by or book online.

JCPENNEY MOBILE APP

Download ahead of time and start earning **\$10 Rewards!**

UP TO

**60%
OFF***

select men's & women's career
dress apparel, shoes & accessories

*When you use the extra **30% off Suit-Up Coupon** available at event. Student ID required.



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CAMPUS CONTACT

Juliana Todesco • jtodesco@sdsu.edu

SUNDAY, SEP. 8 | 5:00 PM - 9:30 PM

JCPENNEY @ FASHION VALLEY MALL
6987 FRIARS RD, SAN DIEGO, CA 92108

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Connect With Career Services

- Career Services Hours
 - Monday-Friday
 - 8am-4:30pm
 - Fast 15 Walk-Ins
 - Monday-Thursday 1-2:45pm
 - Friday 10-11:45am
- career.sdsu.edu
- 619-594-6851

Connect With Us!



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